



NURSING ASSISTANT

COURSE INFORMATION

- The Nursing Assistant program is a one-year course for 11th or 12th grade students.
- The curriculum is in accordance with the National Nurse Aide Assessment program (NNAAP) for the WA State Certification Exam. The state exam for certification is at the end of 2nd Semester at Sno-Isle TECH Skills Center. Results are online within 24 hours.
- High School Credits: 3 Elective credits
- Equivalency Credit: 1 Lab Science credit
- CTE Dual Credit:
 - Everett Community College: 10 credits
 - Nursing 100
 - Edmonds Community College: up to 17 credits
 - Intro to Healthcare 116: 4 credits
 - Medical Terminology 104: 3 credits
 - NA Clinicals: 1 credit
 - NA Patient Care 162: 6 credits
 - NA HIV 170: 1 credit
 - NA CPR 115: 1 credit
 - NA PC Basics 129: 3 credits
- Clinical Internship: Friday, Saturday and Sunday, 6:00 AM to 2:45 PM for one Friday and two weekends back to back for a total 40 hours.
- Course Description: Experience learning the basic skills for patient care in the classroom and skill lab. Students go to a skilled nursing care facility during the second semester and give care to patients. Students will explore the many opportunities in healthcare. Students with Nursing Assistant Certification are immediately employable. Certified Nursing Assistants work in hospitals, clinics, home health agencies, extended care facilities and in private households.
- AM Session: 7:55 to 10:25 AM, Monday through Friday
- PM Session: 11:10 AM to 1:40 PM, Monday through Friday
- Prerequisites: Health and Biology

INSTRUCTOR INFORMATION

Instructor: Marilyn Pyles, BSN, RN

Office Hours: 7:15 AM to 2:45 PM, Monday through Friday

Office/Class Location: Building 1, Room 135

Phone: 425-348-2227

Email: pylesma@mukilteo.wednet.edu

Email is best way to contact me. I attempt to answer emails within 24 hours during the work week.

COURSE MATERIALS

- Health Center 21 Online Text (2013) Klein Education Systems. Sacramento, California
<http://healthcenter21.com/>
- A variety of DVD's are shown throughout the year and may include these plus others:
 - The American Nurse, Healing America (2014) (Nursing Profession Documentary)
 - And the Band Played On (HIV/AIDs film)
 - AIM Education, Inc. (2000). *Systems of the Human Body*. Plainview, NY
 - NOVA (2008) WGBH Boston *A Walk to Beautiful*. Corporation for Public Broadcasting DVD (injuries of childbirth, fistulas)
 - Discovery Channel (2007), *From Birth to Conception*
 - Universal Studios (1998), *One True Thing*. (Assisted Suicide)
 - Lifetime (2004), *Gracie's Choice* (alcoholism, enabling)
 - Newline Cinema (2009), *My Sister's Keeper* (donor child, bioethics)
 - Hallmark (2002), *My Sister's Keeper*. VHS (mental illness, ethics)
 - National Endowment for Financial Education. (2012) NEFE High School Financial Planning Program www.hsfpp.org Denver, Colorado
 - Precision Exams (2017) 21st Century Skills

REQUIRED MATERIALS

- Two or three-inch binder with dividers for classroom work
- One-inch binder
- College rule paper
- Notebook dividers
- Sheet protectors
- Flash drive for work portfolio
- 3X5 index cards
- Scrubs: color and style of student's choosing (consider checking thrift stores for quality used scrubs)
- Wristwatch with a second hand (consider checking thrift stores for used watches)
- ID Badge (provided by Sno-Isle TECH - to be worn every day)
- Hair ties for long hair

REQUIREMENTS FOR CLINICAL EXPERIENCE

Mandatory Tuberculosis (TB) Screening: This is a 2-step procedure required by the Federal government for all healthcare workers. It can be done at the Dr.'s office or a community health clinic. Results must be brought to the instructor no later than early January. If insurance does not cover it, compare prices. It may cost around \$64.00.

The TB or PPD test actually requires 4 visits:

- Step 1: A small injection is placed on the inner aspect of the forearm
- Step 2: It is "read" (looking for a bump) 2 – 3 days later
- Step 3: 1-3 weeks later a small injection is placed on the inner aspect of the forearm
- Step 4: It is "read" (looking for a bump) 2 – 3 days later

Flu Vaccine: Students are strongly encouraged to get this vaccine; it is covered by medical insurance. If there is a flu outbreak at the Skilled Nursing Facility, students that have not been vaccinated will not be able to complete their required 40 hours of internship (clinical rotation) and will not be able to take the state's nurse assistant exam.

Mandatory 5 panel urine drug screening: This is a 5-panel urine drug screen that can be done at some of the Dr.'s office labs or at a community health clinic or community lab. This test is for the presence of drugs in the urine and it is done because students will be working with frail elderly patients for 40 hours during their clinical rotation and the residents' safety is of utmost importance. Results to be turned in to the instructor no later than early January. It may cost around \$49.00.

Vaccination record: Students will provide a copy of their vaccination record by early January.

Criminal Background Check: This short online questionnaire is a Federal requirement for healthcare workers. The form will need to be completed in January prior to clinicals.

CPR: This is a one day 3 ½ - 4-hour Healthcare Provider course that requires passing a written test. It must be through American Heart Association Healthcare and not the Red Cross or another organization. The cost is usually around \$50 - \$75 and the card is good for 2 years. Sno-Isle TECH Skills Center offers it on one Saturday in late September or early October for students' convenience but can be obtained anywhere. Students may sign up for this after school starts and the Saturday date is confirmed.

Social Security Number: Students must have a valid social security number to be eligible to sit for the state certification exam. However, there are some exceptions. If this is a concern talk to the instructor at your earliest convenience.

Washington State Certification Exam: \$124

License Fee: \$65

Transportation is required on the 5 clinical days due to the clinical hours of 6 am to 2:45 pm. There is limited parking at the Skilled Nursing facility and all students will meet at the school and be driven in the clinical van. Note 4 of the 5 days will be on Saturdays and Sundays.

LEARNING OBJECTIVES

- The role of the Nursing Assistant
- Knowledge of the Healthcare Team
- Understanding rules, regulations (legal and ethical) pertaining to the healthcare industry
- Understanding Infection Control and Safety Measures
- Competence in Nursing Assistant skills
- CPR, First Aid and HIV/Blood Borne Pathogens Certificates completed prior to clinical rotation
- Human Anatomy and Physiology
- Medical Terminology and Medical Abbreviations
- Creating a work portfolio to include a master application, cover letter, resume, basic interview questions answered and a letter of resignation
- Basic money management skills

CERTIFICATE OPPORTUNITIES

- American Heart Association CPR for healthcare providers
- American Safety and Health Institute First Aid Certificate
- AIDS/HIV Bloodborne Pathogens 7.0 required Education Certificate for healthcare providers
- WA State Certified Nursing Assistant – (reciprocity among many other states)

PROFESSIONAL POLICY

- Scrubs of any color are to be worn every day from the 3rd day of class until the last week of school, hair long is to be tied back and away from the face, and washable nonskid sole shoes like athletic shoes (New Balance, Sketchers, Nike etc.) are to be worn. (Open toed shoes are not allowed.)
- Faculty and students must wear their Sno-Isle TECH ID at all times.
- Students must have a watch with a second hand (no digital watch), a black writing pen, and their name badge with them at all times while practicing care.
- At a clinical site, the above professional policies are in effect with the addition of
 - No long fingernails (short ¼ inch long, no artificial nails)
 - Minimal jewelry
 - Body piercing must be covered with tape.
- Attendance and punctuality are very important and are part of the professional grade.
- Classroom participation, professional conduct and adhering to classroom policies and procedures is required.
- Healthcare is a team career AND a caring career. Everyone will be practicing skills on fellow students and residents using professional standards of good communication, professional tone and language while in the classroom and at the clinical site. This means working with others without biases, bullying, spreading rumors, or sharing confidential information.
- No cell phones or eating is allowed while on duty unless on a designated break provided by the instructor in keeping with standard healthcare work policies.

ASSIGNMENTS AND GRADING

Assessment Criteria and Grading Policies:

- Tests/quizzes, module exams, daily work, worksheets
- Professionalism, leadership, weekly planners
- Special projects, research, and oral presentations
- Skill competencies

A = 94 to 100 %

A- = 90 to 93 %

B+ = 87 to 89%

B = 84 to 86 %

B- = 80 to 83 %

C+ = 77 to 79%

C = 74 to 76%

C- = 70 to 73 %

D+ = 67 to 69 %

D = 60 to 66%

F = Below 60%

Late Work or Make-up Work:

All assigned work must be completed and turned in on-time to receive full credit. Students with special circumstances requiring extra time must negotiate with the instructor on an extra time request form with new due date *prior* to the due date. Late work will only receive 75% partial credit less any deductions.

When absent, students must actively seek out missed work. Assignments for each learning segment will be given out at the introduction of a new subject; the due date for that work will be given at introduction to the module. Work is completed by students during their in-class work time or as homework. This class uses an online curriculum (cloud based) with checks for understanding and quizzes embedded. Separate quizzes are done in the classroom.

- **Grading communication.** Students are required to open the Qmlativ grading system for Mukilteo School District and review their grades at least weekly to verify correctness of entries and document their grade in their weekly planner. Failing grades will be reviewed with the student. If there is no improvement, the student, parent, counselor and Sno-Isle administrator will be notified via email or phone call to develop a plan for grade recovery.

COURSE EXPECTATIONS

- This course requires the upmost in respect for fellow classmates and residents in the nursing home. Healthcare is a caring profession and friendliness and compassion for others is expected.
- Students will comply with the personnel policies of host facilities regarding behavior, dress and electronic device use. Failure to do so may result in expulsion from that facility.
- Students are expected to maintain a grade of 80% or better which qualifies them to take the State CNA exam, and 83 % which qualifies them for college credit eligibility.
- Ultimately it is the decision of the instructor to approve participation in the clinical rotation.
- Sno-Isle TECH Skills Center is administered by Mukilteo School District and follows MSD School Board Policies and Procedures.

COURSE CALENDAR

Semester 1

Students will learn: Basic nursing care concepts and 22 hands-on skills. Students will earn the following: CPR for the Healthcare Provider Certificate, First Aid Certificate, and HIV/Aids and Blood Borne Pathogens 7.0-hour Education Certificate.

Semester 2

Students will learn: Medical Terminology and Abbreviations, Anatomy and Physiology, and will put together a work portfolio. Students will do a 40-hour clinical internship caring for residents in a Skilled Nursing facility, paired with a CNA staff member while under the supervision of licensed nurses. Students will care for and see patients, male and female, in all stages of dress and undress. Students will complete their clinical hours during a two-week Friday, Saturday and Sunday rotation sometime during the 3rd quarter. Students will sign up for their preferred internship weekends in January. Students will be responsible for their own transportation to Sno-Isle TECH Skills Center and then be transported in the school van to the clinical site.

- Students with an 80% or higher GPA at the end of quarter three with 40 completed hours of clinical experience will be eligible to sit for the Washington State Certification Exam.

Mukilteo School District complies with federal and state rules and regulations and does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. Further, the District recognizes the needs of persons with disabilities, as defined by the Americans with Disabilities Act (ADA) of 1990. The District complies with state and federal accessibility regulations to provide access for our students, staff, parents and guests. The following individuals have been designated to handle questions or complaints of alleged discrimination: Title IX Officer - Bruce Hobert (425-356-1319), Section 504 Coordinator - Lisa Pitsch (425-356-1277), and the ADA/Access Coordinator - Karen Mooseker (425-356-1330), all located at 9401 Sharon Drive in Everett, WA 98204. Inquiries regarding ADA/Access issues at Sno-Isle TECH Skills Center should be directed to Maggie Bagwell, Director (425-348-2220) at 9001 Airport Road in Everett, WA 98204.